

The First Antiphon - Tone 1

O Lord, to Thee in my sor - rows do I cry. _____

Hear Thou my cry _____ of pain.

Tru - ly the di - vine de - sire shall be with - out de - lay

on the peo - ple of the wild - er - ness;

in that they have come _____ out _____ of the vain _____ world.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,

now and ev - er and un - to a - ges of a - ges. A - men.

Tru - ly glo - ry and hon - or be - come the Ho - ly Spir - it,

as they be - come the Fa - ther and the Son.

Where - fore do we praise _____ the Trin - i - ty _____ One in _____ might.

The Second Antiphon - Tone 1



O God, since Thou hast raised me to the heights_ of Thy_ laws,



bright-ly shed Thy light of vir - tue up - on me, that I may praise_ Thee.



O Word, hold me firm - ly with Thy right_ hand;



keep me and pre - serve_ me_ lest the fire of sin con - sume_ me.



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,



now and ev - er and un - to a - ges of a - ges. A - men.



Tru - ly all cre - a - tion is re - gen - er - a - ted by the Ho - ly

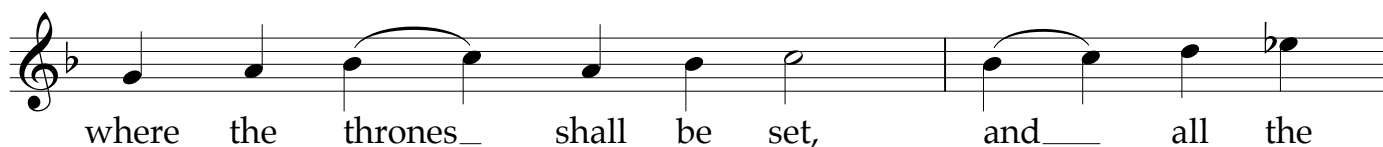
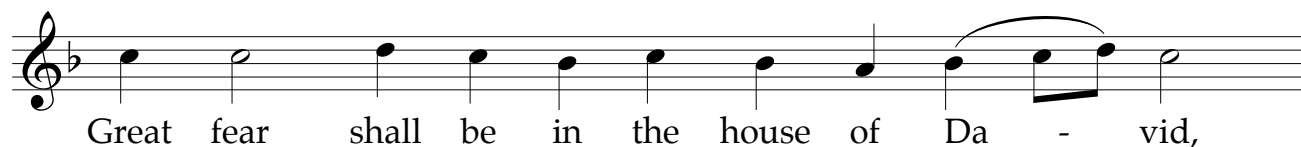
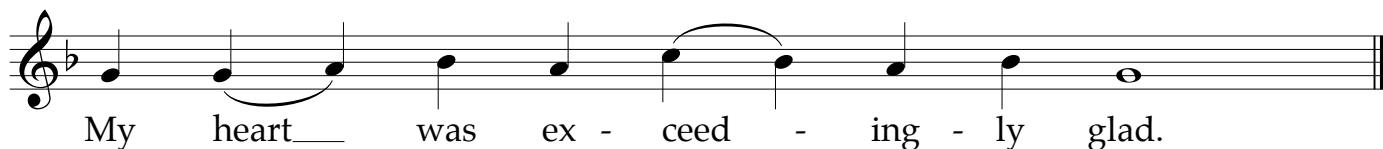
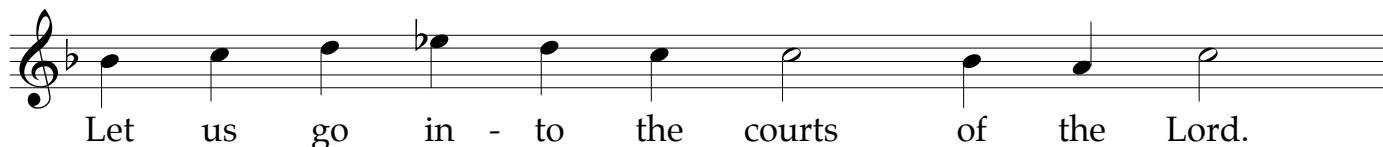
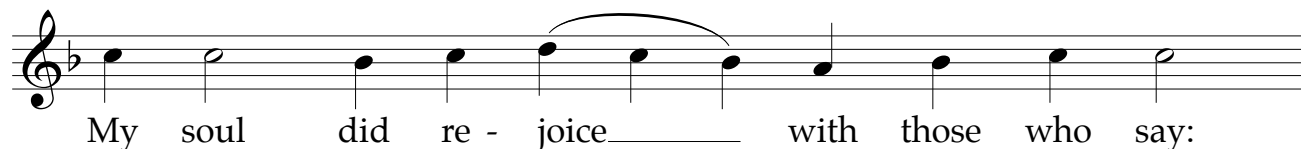


Spir - it, and re - turns_ to its for - mer be - ing:



in that He is co - om - ni - po - tent with the Fa - ther and the Word.

The Third Antiphon - Tone 1



(Tone 1)

to the Ho - ly Spir - it, as to the Fa - ther and to the Son.
For the Trin - i - ty is One in es - sence, not in per - son.

The Prokeimenon - Tone 1

"I will now a - rise,"_ says the Lord; "I will set my - self_
for sal - va - tion___ and will not draw back from it."
Let eve - ry breath___ praise___ the Lord!
Let eve - ry breath___ praise the___ Lord!
Praise___ God___ in His sanc - tu - a - ry.

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The First Antiphon - Tone 2

Be - hold, O Sav - ior, to - ward heav - en

I raise the eyes of my heart to Thee.

Save me by Thine il - lum - in - a - tion.

O Christ, have mer - cy up - on us guilt - y men

who trans - gress a - gainst Thee oft - en and in eve - ry hour.

Give us, be - fore the end,

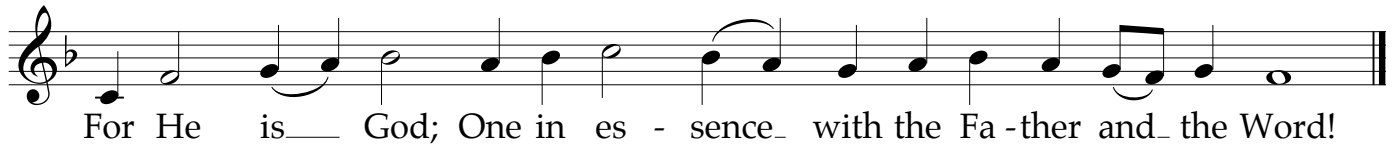
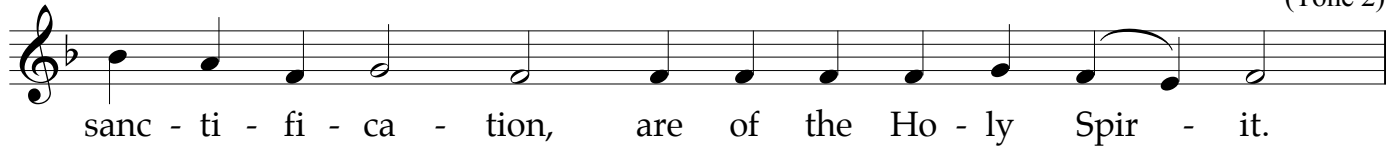
the means of re - pent - ance ac - cept - a - ble to Thee.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,

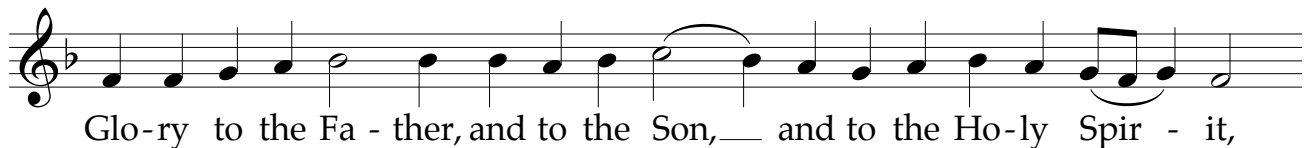
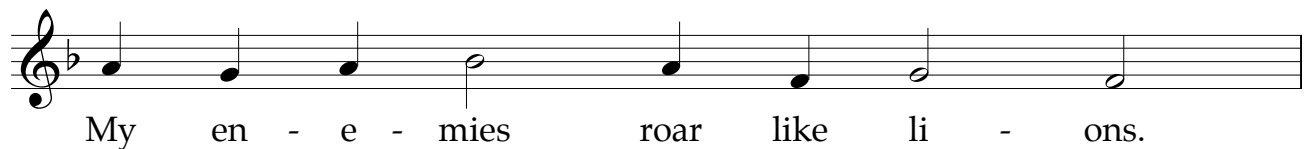
now and ev - er and un - to a - ges of a - ges. A - men.

Sov - er - eign - ty o - ver cre - a - tion, its mo - tion and its

(Tone 2)



The Second Antiphon - Tone 2



(Tone 2)

and hon - or; for as God He does es - tab - lish all
 crea - tures, and pre - serves them in the Fa - ther and the Son.

The Third Antiphon - Tone 2

They who put their trust in the Lord are like a ho - ly moun - tain.
 For they are nev - er sha - ken by the at - tacks of Sa - tan.
 They who like the di - vine life work no e - vil with their hands.
 Christ will not de - liv - er His in - her - i - tance to the e - vil ones.
 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and un - to a - ges of a - ges. A - men.
 The Ho - ly Spir - it is the fount of all wis - dom.
 For from Him comes grace to the a - pos - tles.

(Tone 2)

The mar - tyrs are crowned by Him in their strug - gles
and the proph - ets in fore - know - ledge look to__ Him.

The Prokeimenon - Tone 2

A - rise, O__ Lord_ my God in the de - cree which Thou
hast com - mand - ed, and the as - sem - bly
of peo - ple will sur - round__ Thee!
(twice)
Let eve - ry breath praise__ the Lord!
(third time)
Let eve - ry breath praise the Lord!__
Praise__ God in His sanc - tu - a - ry!

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The First Antiphon - Tone 3

Thou didst de - liv - er the cap - tiv - i - ty of Zi - on
 from Bab - y - lon. Do Thou like - wise draw me
 out of suf - fer - ing to life, O Word.
 Those who sow in sor - row with di - vine tears
 shall reap with joy the sheaves of e - ter - nal life.
 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and un - to a - ges of a - ges. A - men.
 With the Ho - ly Spir - it eve - ry gift is good.
 For He shines to - geth - er with the Fa - ther and the Son,
 and in Him does all cre - a - tion live and move.

The Second Antiphon - Tone 3

If the Lord does not build the house of vir - tues, we
 la - bor in vain. But if He de - fends and pro - tects our lives,
 no one shall pre - vail a - gainst our ci - ty.
 The Saints are the hire of the Fruit of the womb.
 They are un - ceas - ing - ly Thy sons in the Spir - it.
 And Thou, O Christ art like a fa - - ther.
 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and un - to a - ges of a - ges. A - men.
 By the Ho - ly Spir - it has all ho - li - ness and wis - dom been ob - served;
 for He is the Cre - a - tor of all cre - a - - tion.
 There - fore, let us wor - ship Him for He is God, as is the Fa - ther and the Word!

The Third Antiphon - Tone 3

Bless - ed are they that fear the Lord;

for they walk in the way of His com - mand - ments,

and eat the fruits of u - ni - ver - sal life.

Re - joice with glad - ness, O Chief Shep - herd,

as Thou be - hold - est Thy child - ren's child - ren a - round Thy

ta - ble of - fer - ing branch - es of good deeds.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,

now and ev - er and un - to a - ges of a - ges. A - men.

All the rich - ness of hon - or is of the Ho - ly Spir - it.

(Tone 3)

And of Him is also grace and

life for all cre - a - - - tion.

Where - fore, He_ is to be praised with the Fa - ther and the Word.

The Prokeimenon - Tone 3

Say a - mong the na - tions that the

Lord_ is King, for_ He has es - tab - blished the world

so that it shall nev - er be moved!

(twice)

Let eve - ry breath praise the Lord!

(third time)

Let eve - ry breath praise the Lord!

Praise God in His sanc - tu - a - - - ry!

Troparia after the Gospel - pg 201

The First Antiphon - Tone 4

From my youth_ ma - ny pas - sions have fought a - gainst_ me,
 but do Thou help me, and save me, O my Sav - ior.
 You who hate_ Zi - on shall be put to shame by the
 Lord:_____ you shall be with - ered up like the grass_ by the fire.
 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and un - to a - ges of a - ges. A - men.
 Eve - ry soul is en - liv - ened by the Ho - ly Spir - it,
 and is ex - alt - ed in pur - i - ty, il - lum - ined by the
 Ho - ly_____ Trin - i - ty in a sac - red mys - te - ry.

The Second Antiphon - Tone 4



To Thee, O Lord, have I cried fer - vent - ly from the depths



of my soul. Let Thy di - vine ears list - en to me.



All those who have put their trust in the Lord



shall trans - cend all sor - - rows.



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,



now and ev - er and un - to a - ges of a - ges. A - men.



The Ho - ly Spir - it does ov - er - flow with riv - ers of grace,



and does wat - er all of cre - a - tion with re - fresh - ing life.

The Third Antiphon - Tone 4

Let my heart a - rise to Thee, — O — Word,

and let not the pleas - ures of the world en - ter

in - to me to vie with the earth - ly life.

As each of us has sur - pass - ing love for his mo - ther,

all the more should we love the Lord, with - ut - most fer - vour.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,

now and ev - er and un - to a - ges of a - ges. A - men.

By the Ho - ly Spir - it come rich - es of di - vine know - ledge,

di - vine vis - ion and wis - dom. For through Him the Word

does pro - claim the com - mand - ments of the Fa - ther.

The Prokeimenon - Tone 4

A - rise, O Lord, and help us!

De - liv - er us for Thy Name's sake!

Let ev - ery breath praise the Lord!

Let ev - ery breath praise the Lord!

Praise God in His sanc - tu - a - ry!

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The First Antiphon - Tone 5

O my Lord, I sing to Thee like Da-vid in my sor - row.

Save my soul from the de - ceit - ful tongues.

The life of the dwell - ers of the wild - er - ness

is a bless - ed one; for by di - vine

pass - ion are they ev - er car - ried up.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,

now and ev - er and un - to a - ges of a - ges. A - men.

By the Ho - ly Spir - it are all crea - tures,

both seen and un - seen pre - served; He is the sus - tain - er

Him - self, and with - out doubt is one of the Trin - i - ty.

The Second Antiphon - Tone 5

Come, my soul, let us ascend yonder
 mountain from which comes your help.

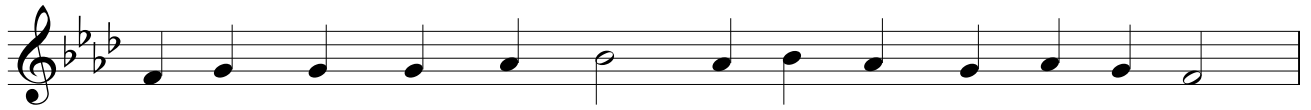
Let Thy raised right hand encompass me, O
 Christ, preserving me from all evil deceits.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it,
 now and ev-er and un-to a-ges of a-ges. A-men.

By the Ho-ly Spir-it do we speak di-vine-ly,
 say-ing: Thou art God; Life, Love, Light, and Mind.

Thou art Good-ness: Thou didst reign un-to the a-ges.

The Third Antiphon - Tone 5



I have been filled with great joy by those who say to me:



Let us go in - to the courts_ of the Lord.



I have of - fered_ con - stant prayer.



In the house of Da - vid awe - some won - ders take_ place.



For there is a burn - ing fire con - sum - ing ev - ery e - vil mind.



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,



now and ev - er and un - to a - ges of a - ges. A - men.



The Ho - ly Spir - it is the el - e - ment of life and its be - gin - ning;



for through Him does ev - ery liv - ing thing_ breath;



as is the Fa - ther to - geth - er with the Word.

The Prokeimenon - Tone 5

A - rise, O Lord my God! And let Thy hand be
 lift - ed up, for Thou dost reign for - ev - er!
 Let ev - ery breath praise the Lord!
 Let ev - ery breath praise the Lord!
 Troparia after the Gospel - pg 201
 Praise God in His sanc - tu - a - ry!

The First Antiphon - Tone 6

To the heav - ens do I lift mine eyes, O Word of God.

Have mer - cy on me that I may live by Thee.

O Word, have mer - cy on us. For we are des - pised

and make us good and cho - sen ves - sels.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,

now and ev - er and un - to a - ges of a - ges. A - men.

The Ho - ly Spir - it is the cause of sal - va - tion for all,

for when He blow - eth on one worth - i ly He doth raise him

speed - i - ly from earth - ly things. He doth wing him and cause

him to grow and doth rank him in heav - en.

The Second Antiphon - Tone 6

Were not the Lord_ in our midst_ it would not be
 pos - si - ble for an - y one of us to stand firm in wrest - ling
 with the en - e - my; for on - ly there - by do the
 vic - tors at - tain the ex - alt - a - tion of vic - to - ry.
 Woe is me! How shall I es - cape the en - e - my
 while I am yet a lov - er of sin? O Word_ de - liv - er
 not my soul, like a bird_____ to their_ teeth.
 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and un - to a - ges of a - ges. A - men.
 Through the Ho - ly Spir - it are all_____ made di - vine;

(Tone 6)

and in Him is joy and un-der-stand-ing and peace and bless-ed-ness.

For He is e-qual to-geth-er with the Fa-ther and the Word.

The Third Antiphon - Tone 6

They who trust in the Lord are feared by their en-e-mies,

and are won-dered at by all; for their sight is ve-ry high.

The right-eous have se-cured Thee as their help-er, O Sav-ior.

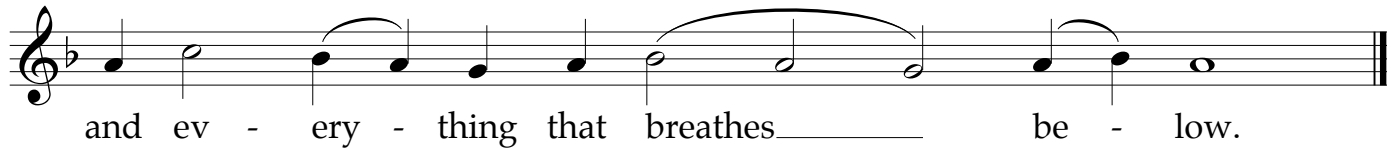
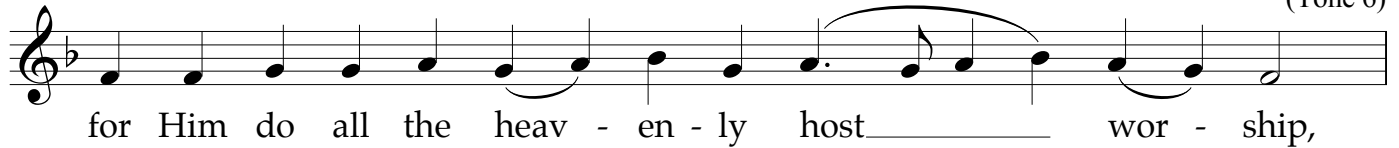
And there-fore shall not reach out their hands to in-i-qui-ties.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it,

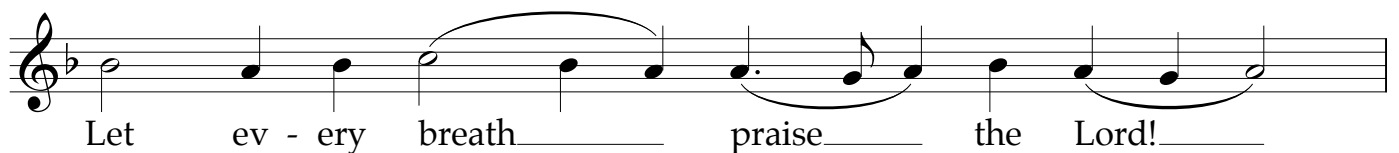
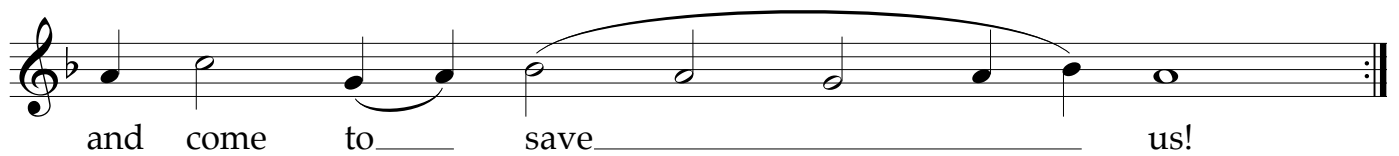
now and ev-er and un-to a-ges of a-ges. A-men.

The Ho-ly Spir-it has might o-ver all;

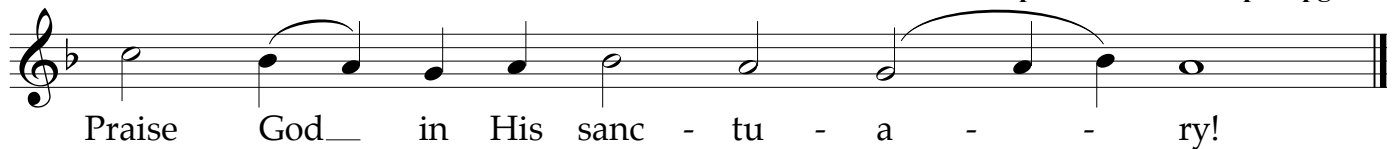
(Tone 6)



The Prokeimenon - Tone 6



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The First Antiphon - Tone 7

O Sav - ior who didst re - store Zi - on
 from the cap - tiv - i - ty of er - ror,
 de - liv - er me from the bond - age of
 suf - fer - ing and re - store my soul.
 He that sow - eth sor - row in the south fast - ing with tears
 shall reap sheaves of re - viv - ing and ev - er nour - ish - ing joy.
 Glo - ry to the Fa - ther, and to the Son,
 and to the Ho - ly Spir - it, now and ev - er and
 un - to a - ges of a - ges. A - men.
 The Ho - ly Spir - it is the foun - tain of di - vine treas - ures;

(Tone 7)

for from Him com - eth wis - - dom, awe and
un - der - stand - - ing. To Him, there - fore, be
praise and glo - ry, might and hon - - or.

The Second Antiphon - Tone 7

If the Lord build - eth not the house of the soul,
then vain - ly do we la - bor;
for with - out Him no need or say - - ing
is ev - er com - plete.
The Saints, who are the hire of the fruit of the womb,
by the mov - ing of the Spir - it flour - ish the be - liefs

(Tone 7)

of fa - ther - ly a - dop - - - tion.

Glo - ry to the Fa - ther, and to the Son,_____

and to the Ho - ly Spir - it, now and ev - er and

un - to a - ges of a - ges. A - men.

By the Ho - ly Spir - it was ex - ist - ence

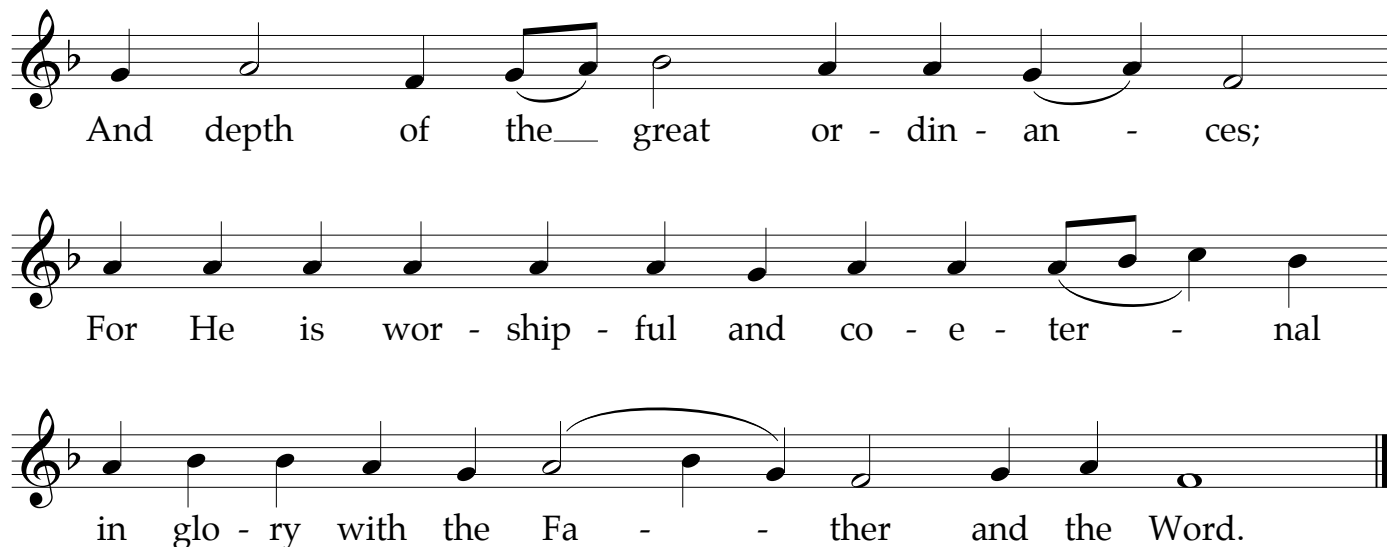
be - stowed on all cre - a - - - tion.

For He is God be - fore all, and Lord of all;

He is the un - ap - proach - a - ble light and life of all.

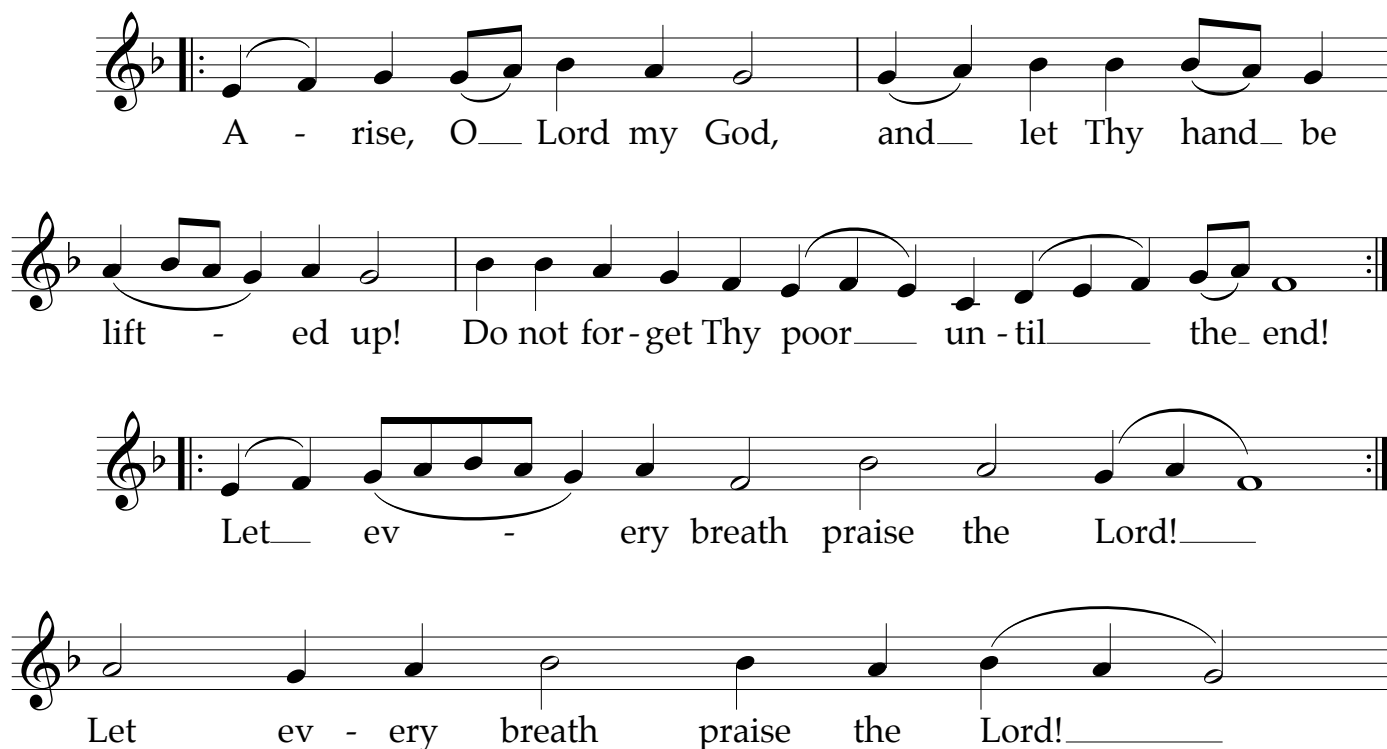
The Third Antiphon - Tone 7

They who fear the Lord are now and ev - er bless - ed;
 for they have found the way of life (Tone 7)
 in un - de - cay - ing glo - - - ry.
 O high priest, as you see your child - ren's child - ren
 like plants a - round your ta - ble, re - joyce and be
 hap - py and of - fer them to Christ.
 Glo - ry to the Fa - ther, and to the Son,
 and to the Ho - ly Spir - it, now and ev - er and
 un - to a - ges of a - ges. A - men.
 By the Ho - ly Spir - it is the a - bund - ance
 of gifts, and rich - ness of glo - - - ry.



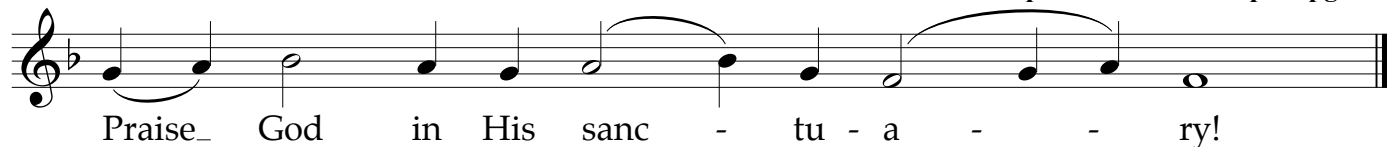
And depth of the great or - din - an - ces;
 For He is wor - ship - ful and co - e - ter - nal
 in glo - ry with the Fa - - ther and the Word.

The Prokeimenon - Tone 7



A - rise, O Lord my God, and let Thy hand be
 lift - ed up! Do not for - get Thy poor un - til the end!
 Let ev - ery breath praise the Lord!
 Let ev - ery breath praise the Lord!

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Praise God in His sanc - tu - a - - ry!

The First Antiphon - Tone 8

From my youth the en - e - my has tempt - ed me,
 and with temp - ta - tion he has be - guiled me. But I, O
 Lord, trust - ing in Thee have re - ject - ed him in shame.
 They who hate Zi - on shall be - come like grass
 be - fore it is pulled up; for Christ will cut down
 their necks with the scythe of tor - ment.
 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and un - to a - ges of a - ges. A - men.
 In the Ho - ly Spir - it all shall live;
 for He is light of light, a great God.
 Let us, there - fore, praise Him with the Fa - ther and the Word.

The Second Antiphon - Tone 8

Let my hum - ble heart be light - ed by Thy fear,
 lest it rise and fall from Thee, O All-Com - pas - sion - ate One.
 He that trusts in the Lord shall not fear
 when God shall judge all with tor - ment - ing fire.
 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and un - to a - ges of a - ges. A - men.
 By the Ho - ly Spir - it ev - ery di - vine per - son sees and
 ut - ters things to be. And does heav - en - ly won - ders,
 for He sings to the Tri - une God; for the God head
 though of three Lights is One in Lord - ship.

The Third Antiphon - Tone 8

To — Thee, I have cried, O Lord, —
lis - ten and turn Thy ear to - wards me when I shout.
Pur - i - fy me be - fore Thou rais - est me — from this place.
Ev - ery - one shall re - turn to His mo - ther the earth, —
and shall be dis - solved at once, re - ceiv - ing eith - er hon - ors
or pun - ish - ment as re - ward — for his deeds in this life.
Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and un - to a - ges of a - ges. A - men.
Through the Ho - ly Spir - it one speaks of the God - head, the One,
the Thrice Ho - ly; for from the Fa - ther
who is with - out be - gin - ning, the Son was be - got - ten

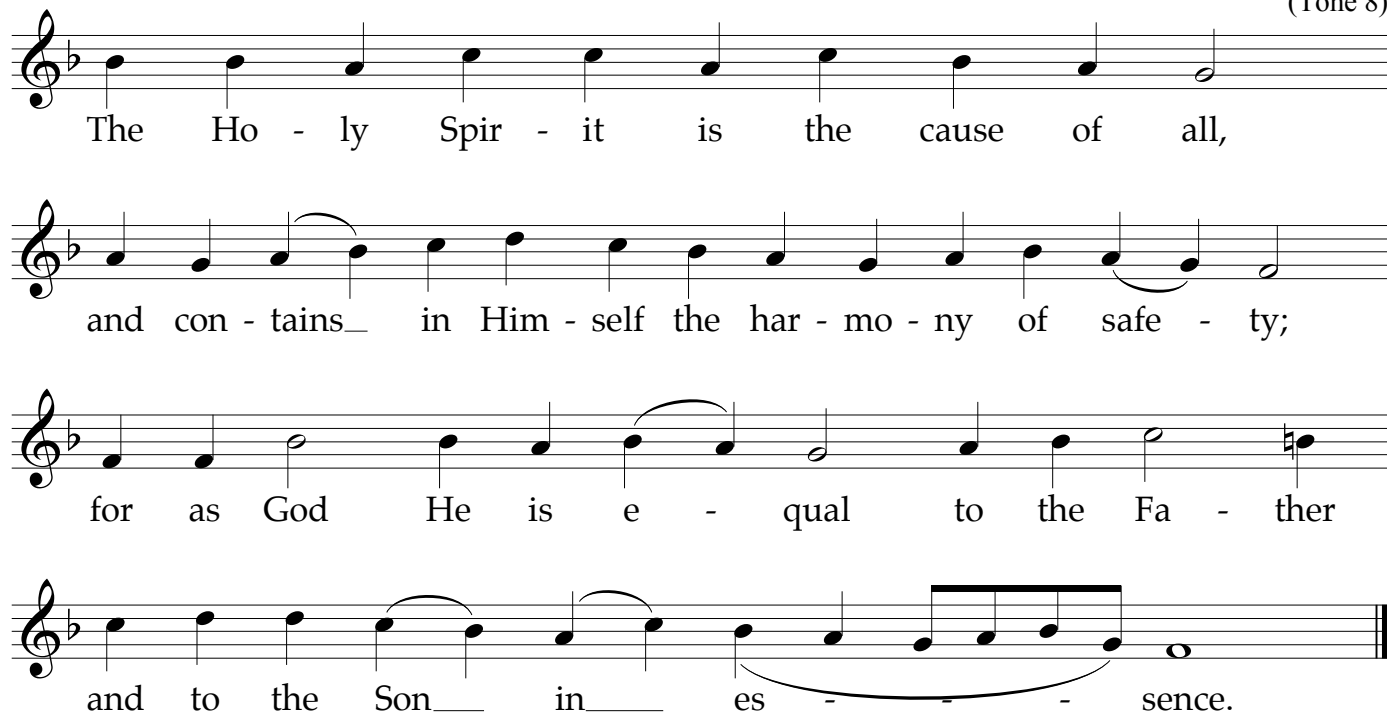
(Tone 8)

be - fore_ all time. And the Spir - it, who is their e - qual
 both in ap - pear - ance and on the throne,
 hath like - wise shone_ from the Fa - ther.

The Fourth Antiphon - Tone 8

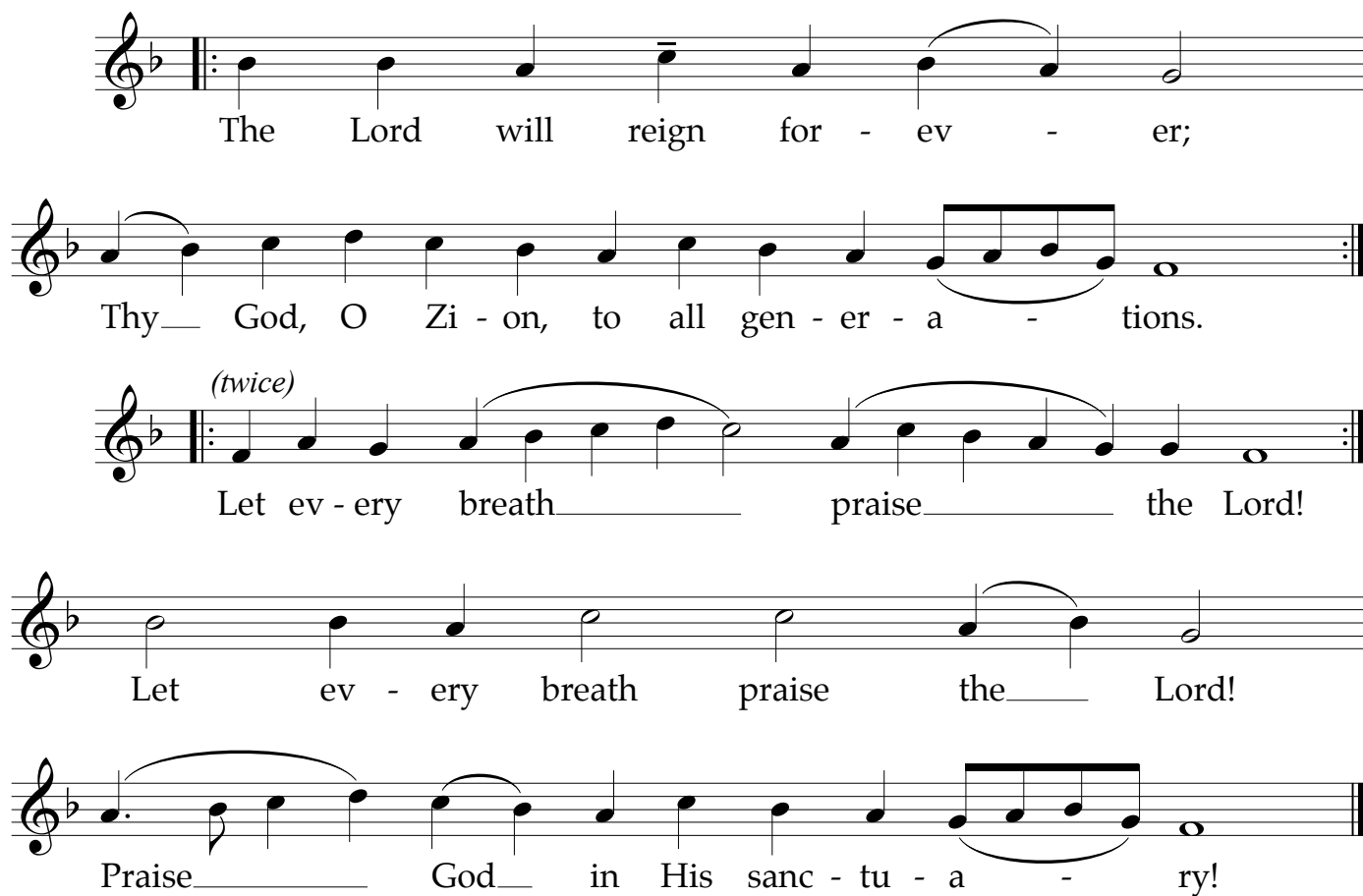
Be - hold how beau - ti - ful and good it is
 for the breth - ren to live to - geth - er.
 For of this did the Lord,_ prom - ise ev - er - last - ing life.
 He that beau - ti - fies the flow - ers of the field
 com - mands that no - one take_ heed_ for His dress.
 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and un - to a - ges of a - ges. A - men.

(Tone 8)



The Ho - ly Spir - it is the cause of all,
and con - tains in Him - self the har - mo - ny of safe - ty;
for as God He is e - qual to the Fa - ther
and to the Son in es - sence.

The Prokeimenon - Tone 8



The Lord will reign for - ev - er;
Thy God, O Zi - on, to all gen - er - a - tions.
(twice)
Let ev - ery breath praise the Lord!
Let ev - ery breath praise the Lord!
Praise God in His sanc - tu - a - ry!